Northwest Conference Cross Country Championship Meet - Sat. October 14, 2023 at Spencerville High School

RACE DAY INSTRUCTIONS

Bus Parking – Unload and park in the lot at the old HS (600 School St, Spencerville 45887).

Team Camps - On the grass away from the running path.

Race numbers- Runners pin the number to the front of their jersey, do not pin the tag at the bottom.

Finish Chute- Instruct runners to walk in line in order to the end of the chute where the tag will be removed. Runners will be given a finish place card to take to their coach to fill out and keep as a backup finish system if needed.

Starting Alleys for all races - 1+2. Crestview 3+4. Columbus Grove 5+6 Leipsic 7+8. Bluffton 9+10. Spencerville 11. Allen East 12+13. Lincolnview

Team Check-in – Have your runners at the starting line to check-in with the clerk 15 minutes before race time. No GPS watches, uniforms must match.

Results – will be posted after each race has been scored, and will be on <u>www.baumspage.com</u> later.

NWC Runner & Coach of the Year Ballots- Coaches fill out the ballots for boys and girls and return them to the scoring table after the race results are posted.

Awards – will be presented in front of the scoring table at approx. 11:50 to 12:00.

Good luck to all of the teams and runners!